



ST. TERESA SCHOOL

INDIRAPURAM GHAZIABAD

Date: 05/02/2026

Subject: Important Advisory on Children's Safety and Responsible Mobile Usage.

Dear Parents,

Greetings!

I want to grab your attention on yesterday's news highlighting two serious concerns:

- **The uncontrolled use of mobile phones by children and its alarming consequences**
- **The recent cases of children and women reported missing in Delhi over the past 15 days**

In this regard, we request your cooperation and vigilance.

Mobile Phone Usage:

Parents are kindly advised to monitor what their children watch or play on mobile phones and the amount of time spent on screens. Excessive exposure to mobile phones and certain video games can negatively impact a child's focus, behaviour, and emotional well-being. Children may also be exposed to inappropriate content and language, which is harmful to their development.

We strongly recommend that students up to Class VIII should not be provided with mobile phones. From Class IX onwards, children should be counselled to avoid the use of social media, as it often leads to wastage of time, unhealthy interactions, and exposure to inappropriate material, thereby affecting constructive learning.

To reduce screen dependency, we encourage parents to set an example by limiting their own mobile usage in front of children. Spend quality time with them—talk, play, and engage in activities that strengthen family bonds.

Child Safety Awareness:

Secondly, please make your child aware of the recent cases of missing children. Counsel them not to loiter unnecessarily, not to talk to strangers, and to be especially cautious of unknown individuals, including those on foot or using private vehicles.

Your guidance and involvement play a crucial role in ensuring the safety and healthy development of our children. We appreciate your continued support and cooperation.

Warm regards,

**Renu Srivastava
Principal
St Teresa School
Indirapuram, Ghaziabad**